



**NORTH DAKOTA**  
DEPARTMENT *of* HEALTH  
Children's Special Health Services

600 East Boulevard Avenue, Dept. 301  
Bismarck, N.D. 58505-0200  
701.328.2436 or 800.755.2714  
Fax: 701.328.1645  
E-mail: [dohcshsadm@ndgov](mailto:dohcshsadm@ndgov)  
[www.ndhealth.gov/cshs/](http://www.ndhealth.gov/cshs/)

Revised 10-01-10

# Resource Booklet for Children With Autism Spectrum Disorders



**NORTH DAKOTA**  
DEPARTMENT *of* HEALTH  
Children's Special Health Services





# Notes:

## Table of Contents

Specialty Health Services .....	1
Therapy Providers for Autism Spectrum Disorders.....	3
Resources for Treatment for Autism Spectrum Disorders.....	5
Family Support Services .....	9
Information and Referral Services .....	12
Organizations .....	14
Libraries and Education .....	16
Financial Help .....	17
Websites .....	21
Statewide Tribal Programs .....	22
Notes .....	23

### **Disclaimer**

The content within this booklet is for informational purposes only. It is not intended to be a substitute for professional medical advice, diagnosis or treatment. Families are encouraged to discuss the information in this booklet with their child's doctor or other health-care providers.

## Specialty Health Services

For nearly all children on the autism spectrum, evaluation by an experienced team of professionals is necessary for an accurate diagnosis and optimal treatment planning. Families are an essential partner to the team as they are the principle caregiver and the center of strength and support for the child. The link below provides access to a resource that offers guidelines for the care of children with an autism spectrum disorder:

[www.ohsu.edu/cdrc/medicalhome/docs/autism.pdf](http://www.ohsu.edu/cdrc/medicalhome/docs/autism.pdf)

### Multidisciplinary Clinics

For more information about CSHS clinics, review the following link:

[www.ndhealth.gov/cshs/docs/clinic-schedule.pdf](http://www.ndhealth.gov/cshs/docs/clinic-schedule.pdf)

#### Great Plains Interdisciplinary Autism Diagnostic Clinic (GPIC):

Children’s Special Health Services (CSHS) supports autism clinics in Jamestown and Minot. The purpose of these clinics is to provide diagnostic services, including screening and follow-up services, to families of referred children. Referrals most often are made by local providers but can also be made by families. Two children are screened at each clinic in an arena-style format. In this environment, the interdisciplinary team works in one room with the family present to perform screening and provide recommendations to the family.

The sites for the autism clinics are listed below:

<b>Jamestown</b>	Anne Carlsen Center 701 3rd Street Northwest Jamestown, ND 58401	<b>Minot</b>	Minot State University Campus 500 University Avenue West Minot, ND 58707
------------------	--	--------------	--

For more information, contact Connie Irely, GPIC’s Family Support Specialist at 800.233.1737 or [connie.irely@minotstateu.edu](mailto:connie.irely@minotstateu.edu).

#### Great Plains Autism Spectrum Disorders Treatment Program (GPAST):

GPAST provides training, research and diagnostics to North Dakota children and youth suspected of having or diagnosed with autism spectrum disorders. GPAST services currently are being provided through community-based screening and diagnostic clinics, as well as a variety of research studies. GPAST supports infrastructure development and technology innovations for service delivery to rural families of children with autism in North Dakota. For more information, visit [www.ndcpd.org/autism](http://www.ndcpd.org/autism) or call 800.233.1737.

## Statewide Tribal Programs

### Fort Berthold Indian Reservation

[www.mhanation.com/main/main.html](http://www.mhanation.com/main/main.html)

Three Affiliated Tribes

- MinneTohe Health Center 701.627.4701
- Community Health Representative
 

New Town	701.627.3653
Mandaree	701.759.3441
Parshall	701.862.3872
Twin Buttes	701.938.4574
White Shield	701.743.4178

### Standing Rock Indian Reservation

[www.standingrock.org/](http://www.standingrock.org/)

- Public Health Service Hospital 701.854.3831
- IHS Clinics – Cannonball, ND 701.854.3453
- Community Health Representative
 

Fort Yates	701.854.3856
Cannonball	701.854.9926
- Tribal Health 701.854.7206

### Fort Totten Indian Reservation

[www.spiritlakenation.com](http://www.spiritlakenation.com)

Spirit Lake Nation

- Indian Health Service Clinic 701.766.1600
- Maternal Child Health 701.766.1251
- Tribal Health 701.766.4236
- Community Health Representative 701.766.4238
- Early Childhood Tracking 701.766.1232

### Trenton Indian Service Area

[www.ndhealth.gov/localhd/TISA/](http://www.ndhealth.gov/localhd/TISA/)

- Trenton Community Clinic 701.774.0461
- Community Health Representative Coordinator 701.774.0303
- Tribal Health 701.774.0461

### Turtle Mountain Indian Reservation

[www.tmbci.net](http://www.tmbci.net)

- Quentin Burdick Health Facility 701.477.6111
- Community Health Representative 701.477.5696
- Tribal Health 701.477.8469



## Websites

### Condition-Specific Websites:

**American Academy of Pediatrics:** [www.aap.org](http://www.aap.org)

**Anne Carlsen Center:** [www.annecenter.org](http://www.annecenter.org)

**Autism 101 for EMS Providers:** <http://www.papremisealert.com/id71.html>

**Autism Speaks:** [www.autismspeaks.org](http://www.autismspeaks.org)

**Autism Web:** [www.autismweb.com](http://www.autismweb.com)

**Autism Society of America:** [www.autism-society.org](http://www.autism-society.org)

**Autism Society of North Dakota:** [www.autismnd.org](http://www.autismnd.org)

**Autism Research Institute:** [www.autism.com](http://www.autism.com)

**Autism Today:** [www.autismtoday.com](http://www.autismtoday.com)

**Autism Link:** [www.autismlink.com](http://www.autismlink.com)

**C.A.R.D.:** [www.centerforautism.com](http://www.centerforautism.com)

**First Signs:** [www.firstsigns.org](http://www.firstsigns.org)

**National Autism Association:** [www.nationalautismassociation.org](http://www.nationalautismassociation.org)

**North Dakota Autism Center:** [www.ndautismcenter.org](http://www.ndautismcenter.org)

**Red River Valley Asperger Network:** [www.rrvasperger.org](http://www.rrvasperger.org)

**Sound Advice on Autism:** [www.aap.org/audio/autism/](http://www.aap.org/audio/autism/)

### Additional Websites for Families of Children With Special Health-Care Needs:

**Bright Futures:** [www.brightfutures.org/](http://www.brightfutures.org/)

**Dr. Greene's House Calls:** [www.drgreene.com](http://www.drgreene.com)

**CDC Parent Portal:** [www.cdc.gov/parents/](http://www.cdc.gov/parents/)

**Early Intervention:** [www.nd.gov/dhs/services/disabilities/earlyintervention/](http://www.nd.gov/dhs/services/disabilities/earlyintervention/)

**Family Village:** [www.familyvillage.wise.edu/](http://www.familyvillage.wise.edu/)

**Gillette Children's Specialty Healthcare:** [www.gillettechildrens.org/](http://www.gillettechildrens.org/)

**Healthy & Ready To Work (HRTW):** [www.hrtw.org/](http://www.hrtw.org/)

**Institute for Child Health Policy (ICHP):** [www.ichip.edu/](http://www.ichip.edu/)

**Kids As Self Advocates (KASA):** [www.fvkasa.org/](http://www.fvkasa.org/)

**Mayo Health Clinic:** [www.mayoclinic.com/](http://www.mayoclinic.com/)

**Medical Home National Center:** [www.medicalhomeinfo.org/](http://www.medicalhomeinfo.org/)

**Medical Home Portal:** [www.medicalhomeportal.org/](http://www.medicalhomeportal.org/)

**MUMS (parent support):** [www.netnet.net/mums/](http://www.netnet.net/mums/)

**Need to Know:** [www.ndcpd.org/n2k/](http://www.ndcpd.org/n2k/)

**National Organization for Rare Disorders (NORD):** [www.rarediseases.org](http://www.rarediseases.org)

**ParentsPlace:** <http://parenting.ivillage.com/>

**Starlight/Starbright Children's Foundation:** [www.starlight.org/](http://www.starlight.org/)

**University of Minnesota Children's Center:** [www.uofmchildrenshospital.org/](http://www.uofmchildrenshospital.org/)



### Sanford Health's Pediatric Developmental Evaluation Clinic (Fargo):

This clinic is for any child (age 6 months and up) for whom a full developmental assessment is warranted. In the clinic, each child is evaluated fully by a speech therapist, occupational therapist, pediatrician and dietician. The families also are seen by a medical social worker and a registered nurse. Diagnosis of an autism spectrum disorder facilitates at least one follow-up visit with the child and family. These visits are intended to monitor the child's progress and ensure that appropriate services are in place for the child and family. For more information, contact Sanford Health's Coordinated Treatment Center at 800.828.2901

### Altru's Developmental Assessment Clinic (Belcourt and Fort Totten):

These clinics (sponsored by a grant through CSHS) provide annual developmental assessments for high-risk children in Belcourt and Fort Totten. A team of specialists perform comprehensive evaluations to determine the need for further services. For more information, call Tiffani Peterson at 701.780.2477.

### Altru's Pediatric Developmental Clinic (Grand Forks):

This clinic serves children who are considered to be at risk for developmental issues. Located in Altru's Main Clinic, the Pediatric Developmental Clinic integrates physical and occupational therapy screenings as well as nutrition services with the child's physician appointment. Together, the team then determines if the child has a need for additional services. For more information, call Tiffani Peterson at 701.780.2477 or Altru Pediatrics at 701.780.6110.

### Genetic Services

Genetic Birth Defect Clinics are held periodically throughout the state. For clinic schedule information, call CSHS toll-free at 800.755.2714 or contact the following:

Department of Pediatrics  
School of Medicine and Health Sciences Room 5910  
501 Columbia Road North STOP 9037  
Grand Forks, ND 58201  
Telephone: 701.777.4277 or 701.772.5301  
[www.med.und.nodak.edu/pediatrics/genetics/](http://www.med.und.nodak.edu/pediatrics/genetics/)

Additional medical genetic services are also available at:

Sanford Health  
737 Broadway North  
Fargo, ND 58102  
Telephone: 701.234.2362  
[www.sanfordhealth.org](http://www.sanfordhealth.org)



# Therapy Providers for Autism Spectrum Disorders

## **Bismarck:**

Medcenter One Pediatric Rehabilitation  
701.323.6097  
[www.medcenterone.com](http://www.medcenterone.com)

Red Door Pediatric Therapy  
701.222.3175  
[www.reddoorpediatric.com](http://www.reddoorpediatric.com)

St. Alexius Pediatric Therapy  
701.530.5550  
[www.st.alexius.org](http://www.st.alexius.org)

## **Dickinson:**

Rehabilitation Visions  
701.483.9400

## **Fargo:**

Beyond Boundaries Therapy Services  
701.356.0062  
[www.beyondboundaries.us](http://www.beyondboundaries.us)

Fargo-Moorhead Pediatric Therapy  
701.261.4643  
[www.fargo-moorheadpediatrictherapy.com](http://www.fargo-moorheadpediatrictherapy.com)

Essentia Health Pediatric Therapy Services  
701.364.6247  
[www.innovishealth.com](http://www.innovishealth.com)

Sanford Health  
701.234.6500  
[www.north.sanfordhealth.org/medicalservices](http://www.north.sanfordhealth.org/medicalservices)

North Dakota Autism Center  
701.277.8844  
[www.ndautismcenter.org](http://www.ndautismcenter.org)

Pediatric Partners:  
701.232.2340  
[www.pediatrictherapypartners.com](http://www.pediatrictherapypartners.com)

## **Grand Forks:**

Altru Health System Pediatric Therapy Services  
701.780.2477  
[www.altru.org](http://www.altru.org)

Little Miracles, Inc.  
701.772.3851  
[www.littlemiraclesinc.com](http://www.littlemiraclesinc.com)

## **Hettinger:**

West River Health Services  
701.567.4561  
[www.wrhs.com](http://www.wrhs.com)

## **Jamestown:**

Jamestown Hospital  
701.952.4842  
[www.jamestownhospital.com](http://www.jamestownhospital.com)

## **Minot:**

Trinity Health  
701.857.5623  
[www.trinityhealth.org](http://www.trinityhealth.org)

## **Valley City:**

Mercy Hospital  
701.845.6580  
[www.mercyhospital.biz](http://www.mercyhospital.biz)

## **Williston:**

Mercy Medical Center  
701.774.7436  
[www.mercywilliston.org](http://www.mercywilliston.org)



**North Dakota Association for the Disabled, Inc. (NDAD)** may provide some financial assistance for individuals with disabilities. For more information, call the office nearest you:

- Grand Forks 2660 South Columbia Road, Grand Forks, ND 58201  
701.775.5577 or 800.532.6323
- Minot 1808 20th Avenue SE, Minot, ND 58701  
701.838.8414 or 888.999.6323
- Williston 309 Washington Avenue, Williston, ND 58801  
701.774.0741 or 877.777.6323
- Bismarck 400 E Broadway Avenue, Ste. 306, Bismarck, ND 58501  
701.355.4615 or 888.540.4728
- Fargo 3509 Interstate Boulevard, Fargo, ND 58103  
701.281.8215 or 888.363.6323

Services: Information and referral, advocacy, equipment donations and financial assistance.  
[www.ndad.org/](http://www.ndad.org/)

**Supplemental Security Income (SSI)** provides monthly payments for children who meet disability and financial eligibility requirements. For more information, contact the Social Security Administration.

North Dakota toll-free: 877.319.6044 or National toll-free: 800.772.1213  
[www.ssa.gov/](http://www.ssa.gov/)

**Women, Infants and Children (WIC)** provides nutritious foods, offers information about how to feed your family, and helps you participate in other important health programs. Pregnant women, breastfeeding women and children up to age 5 who meet WIC's liberal income guidelines are eligible to participate. For more information, contact 800.472.2286 or your county WIC office as listed in the phone book.

[www.ndhealth.gov/wic/](http://www.ndhealth.gov/wic/)



# Dental Coverage

Safety Net Dental Clinics are programs that usually see patients who do not have other access to dental care. The patients typically are covered by Medicaid or the clinic offers sliding fee schedules or reduced fees.

- Bridging the Dental Gap is a nonprofit community dental clinic serving low-income and uninsured individuals in the Bismarck-Mandan area.  
701.221.0158
- Family Healthcare Center Dental Clinic is a federally qualified community health center serving low-income and uninsured individuals within the Fargo Red River Valley Region.  
701.271.3332
- Red River Valley Dental Access Project serves low-income, uninsured and Medicaid-eligible individuals who have urgent dental pain and do not have access to a dentist in Fargo-Moorhead.  
701.364.5364
- Valley Community Health Center Dental Clinic is a federally qualified health center serving low-income, uninsured and insured individuals of all ages in the Northern Red River Valley.  
701.757.2100

North Dakota Donated Dental Services is a network of volunteer dentists who provide dental care to the state's most vulnerable people: disabled, elderly or medically compromised individuals who cannot afford necessary treatment nor get public aid.  
866.572.9390

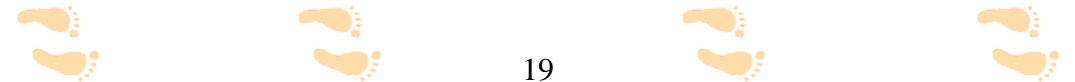
[www.ndhealth.gov/oralhealth/Publications/Fact\\_Sheet\\_Dental%20Access.pdf](http://www.ndhealth.gov/oralhealth/Publications/Fact_Sheet_Dental%20Access.pdf)

Jerene's Wish is a program that provides orthodontic treatment at a minimal cost to eligible children. For more information contact, Warford Orthodontics.  
701.255.1311  
[info@warfordorthodontics.com](mailto:info@warfordorthodontics.com)



Medicaid pays for health services for qualifying families with children and people who are pregnant, elderly or disabled. Screening, diagnosis and treatment for children younger than 21 is provided through the Health Tracks Program. For more information or to apply, contact your county social service office.  
[www.nd.gov/dhs/services/medicalserv/medicaid/](http://www.nd.gov/dhs/services/medicalserv/medicaid/)

ND Healthy Steps is for children age 18 or younger who do not have health insurance, do not qualify for North Dakota Medicaid and live in families with qualifying income. Call 877.543.7669 for an application.  
[www.nd.gov/dhs/services/medicalserv/chip/](http://www.nd.gov/dhs/services/medicalserv/chip/)



Anne Carlsen Center (ACC) offers a rich tradition of empowering individuals with disabilities and their families. Their experienced staff provides compassion, training, services and supports in homes and communities across North Dakota. On the Jamestown campus, they meet the educational, residential and therapeutic needs of children and young adults with autism, behavior disorders, medical fragility and other developmental disabilities. They also provide services in the home through customized supports for individuals from birth to age 21. In addition, through their community-based services (i.e. in-home supports and community day supports), Anne Carlsen accommodates individuals of all ages, including adults.

[www.annecenter.org](http://www.annecenter.org)

<b>Fargo:</b>	<b>Grand Forks:</b>	<b>Jamestown:</b>
1323 23rd Street South	2860 10th Avenue North	701 3rd Street NW
Fargo, ND 58103	Suite 400	Jamestown, ND
701.364.2663	Grand Forks, ND 58203	701.252.3850
	701.757.4200	800.568.5175
	888.815.3770	

Birth to Three Early Intervention is a support and service program designed to help families with children, from birth to age 3, with disabilities and/or developmental delays. The goal of this program is to improve a child's development and to increase involvement in family and community life. By partnering with families, ND Early Intervention provides them with the tools and support they need to help their child be successful. Qualifying families have access to a wide array of professionals, including case management and an experienced parent specialist. Anyone, including family members, can refer a child for a free developmental evaluation, with eligibility based on the following criteria:

- Displays a 50 percent delay in any area of development (cognition, communication, motor, self-help, or social emotional skills).
- Displays a 25 percent delay or more in any two areas of development.
- Has a diagnosis or disability that impairs typical development.
- Has a significant health condition that puts them at high risk for developmental delays.
- Has vision or hearing loss.

ND Early Intervention also includes a screening program called Right Track. This program offers free developmental screenings and parent information. To make a referral or to learn more, call 800.755.8529.



# Resources for Treatments for Autism Spectrum Disorders

The Centers for Disease Control and Prevention (CDC) divides ASD treatments into four categories: behavior and communication approaches, dietary approaches, medication, and complementary and alternative medicine. Because potential autism treatments are evolving continuously, an “other” category also may be considered.

The National Institute of Mental Health and the Autism Society of America suggest a list of questions parents can ask when planning treatments for their child:

[www.nimh.nih.gov/health/publications/autism/treatment-options.shtml](http://www.nimh.nih.gov/health/publications/autism/treatment-options.shtml)

## Behavior and Communication Approaches

### **Applied Behavior Analysis (ABA):**

[www.behavior.org/autism](http://www.behavior.org/autism)

[www.abaresources.com](http://www.abaresources.com)

[www.aba4autism.com](http://www.aba4autism.com)

Different types of ABA include (but are not limited to):

- *Discrete Trial Training (DTT)*  
[www.polyxo.com/discretetrial/](http://www.polyxo.com/discretetrial/)  
[www.dtttrainer.com](http://www.dtttrainer.com)
- *Pivotal Response Training (PRT)*  
[www.autismspeaks.org/treatment/prt.php](http://www.autismspeaks.org/treatment/prt.php)  
[www.dbpeds.org/articles/detail.cfm?TextID=229](http://www.dbpeds.org/articles/detail.cfm?TextID=229)
- *Early Intensive Behavioral Intervention (EIBI)*  
[www.asaonline.org/intervention/procedures/early.htm](http://www.asaonline.org/intervention/procedures/early.htm)  
[www.bcbs.com/blueresources/tec/vols/23/23\\_09.pdf](http://www.bcbs.com/blueresources/tec/vols/23/23_09.pdf)
- *Verbal Behavior Intervention (VBI)*  
[www.teenagerswithautism.com/](http://www.teenagerswithautism.com/)  
[www.verbalbehaviorapproach.com/](http://www.verbalbehaviorapproach.com/)

### **Auditory Integration Training (AIT):**

[www.aithelps.com](http://www.aithelps.com)

[www.aitinstitute.org](http://www.aitinstitute.org)

### **DIR®/Floortime™ Model:**

[www.floortime.org](http://www.floortime.org)



## Vision Coverage

Vision USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families.

701.258.6766

[www.aoa.org/visionusa.xml](http://www.aoa.org/visionusa.xml)

VSP Sight for Students is a charity that provides free vision exams and glasses to low-income, uninsured children.

888.290.4964

[www.sightforstudents.org/](http://www.sightforstudents.org/)

## Prescription Coverage

ND Prescription Drug Repository Program collects and distributes donated medications from hospitals, hospices and other facilities so that pharmacies and physicians can dispense them to those who struggle paying for prescriptions regardless of insurance coverage. The medications and supplies are unopened and secure but cannot be resold to patients.

[www.nodakpharmacy.com](http://www.nodakpharmacy.com)

Prescription Connection for North Dakota is a program of the North Dakota Insurance Department that connects kids and families with free and discounted prescription drugs direct from the pharmaceutical manufacturer.

888.575.6611

[www.rxconnectnd.org](http://www.rxconnectnd.org)

## Health-Care Program

United Health Care Children’s Foundation embraces and supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by the available commercial health benefit plan. The Foundation provides financial assistance toward the family’s share of the cost of medical services.

[www.uhccf.org](http://www.uhccf.org)

## Scholarships

The Social Key is a nonprofit children’s charity alliance among families, therapists, educators, social workers, physicians, and the community. The organization supports the unique communication, sensory, behavioral, and social needs of children. The Social Key offers scholarships to families to assist with the financial burdens of raising a socially successful child. The scholarships are awarded annually. Applications are due October 1 and awarded in December.

701.222.3175

[www.socialkeynd.org](http://www.socialkeynd.org)





## Financial Help



**Bridge to Benefits** is a multi-state project sponsored by the Children’s Defense Fund – Midwest Region focused on improving the well-being of families and individuals by linking them to public work support programs and tax credits.

[nd.bridgetobenefits.org/](http://nd.bridgetobenefits.org/)

**Caring for Children** provides free health and dental coverage to children of low-income working parents. Children are eligible if they are North Dakota residents, birth through age 18, and are not covered by other health insurance or not eligible for Medicaid or Healthy Steps. Parents must meet income requirements. For more information or to apply, call 701.277.2227 or toll-free at 800.342.4718.

[www.ndcaring.org/](http://www.ndcaring.org/)

### **Children’s Special Health Services (CSHS)**

**Diagnostic Services** – CSHS pays for health-care visits and tests needed to diagnose many chronic health conditions seen in children. To qualify, children must be suspected of having a CSHS-eligible condition. There is no financial eligibility requirement for diagnostic services; however, insurance or other sources of health-care coverage are used when available. Health-care visits must be made with a specialist who is approved to provide services through CSHS.

**Treatment Services** – In North Dakota, several programs are available that provide health care coverage for children. CSHS is a program specifically for children with special health-care needs. CSHS pays for specialty care that is needed to treat a CSHS-eligible condition. To qualify, families must meet income eligibility guidelines currently set at 185 percent of the federal poverty level. Families with incomes higher than 185 percent still may be eligible with a cost share. Insurance or other sources of health-care coverage are used when available. Health-care visits must be made with a specialist who is approved to provide services through CSHS.

Families apply for CSHS diagnostic and treatment services at their local county social service office. In order to ensure coverage, contact CSHS toll free at 800.755.2714, as provider restrictions and time limits may affect the eligibility start date.

[www.ndhealth.gov/cshs/docs/cshs-diagnostic-and-treatment-services-fact-sheet.pdf](http://www.ndhealth.gov/cshs/docs/cshs-diagnostic-and-treatment-services-fact-sheet.pdf)

**Comprehensive Health Association of North Dakota (CHAND)** provides comprehensive health insurance to residents of the state who are denied health insurance or are considered high risk. Individuals must be a resident of North Dakota continuously for at least six months and have written evidence from at least one insurance carrier that within the last six months they have been denied health-care coverage or offered coverage which substantially restricts benefits for specific conditions. For more information, call 800.737.0016.

[www.chand.org/](http://www.chand.org/)

### **Occupational Therapy:**

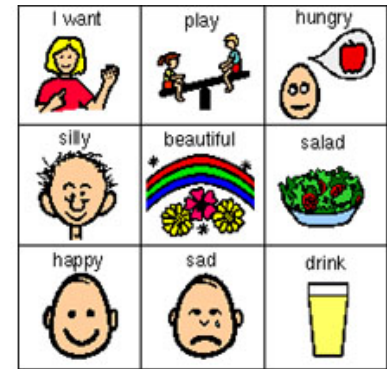
[www.webmd.com/brain/autism/benefits-of-occupational-therapy-for-autism](http://www.webmd.com/brain/autism/benefits-of-occupational-therapy-for-autism)

[www.aota.org/Consumers/WhatisOT/RDP/Facts/38517.aspx](http://www.aota.org/Consumers/WhatisOT/RDP/Facts/38517.aspx)

### **Picture Exchange Communication System (PECS)**

[www.polyxo.com/visualsupport/pecs.html](http://www.polyxo.com/visualsupport/pecs.html)

[www.pecs.com](http://www.pecs.com)



### **Relationship Development Intervention:**

[www.rdicconnect.com](http://www.rdicconnect.com)

### **Sensory Integration Therapy:**

[www.sensory-processing-disorder.com](http://www.sensory-processing-disorder.com)

[www.spdfoundation.net](http://www.spdfoundation.net)

### **Speech Therapy:**

[www.webmd.com/brain/autism/benefits-speech-therapy-autism](http://www.webmd.com/brain/autism/benefits-speech-therapy-autism)

[www.asha.org/uploadedFiles/public/speech/disorders/TESAutisticSpectrum.pdf](http://www.asha.org/uploadedFiles/public/speech/disorders/TESAutisticSpectrum.pdf)

### **Treatment and Education of Autistic and related Communication-handicapped Children (TEACCH):**

[www.teacch.com](http://www.teacch.com)

### **Dietary Approaches**

[www.gfcfdiet.com](http://www.gfcfdiet.com)

[www.autism-diet.com](http://www.autism-diet.com)

[www.autismndi.com](http://www.autismndi.com)

[www.pecanbread.com](http://www.pecanbread.com)

[www.nutritionandautism.com](http://www.nutritionandautism.com)



### **Medication**

[www.nimh.nih.gov/health/publications/autism/complete-index.shtml#pub4](http://www.nimh.nih.gov/health/publications/autism/complete-index.shtml#pub4)

[www.neurologychannel.com/autism/medication.shtml](http://www.neurologychannel.com/autism/medication.shtml)



## Complementary and Alternative Treatments (CAM)

From the National Institute of Health (within the U.S. Department of Health and Human Services), the National Center for Complementary and Alternative Medicine defines CAM as “a group of diverse medical and health care systems, practices, and products that are not generally considered to be part of conventional medicine. While scientific evidence exists regarding some CAM therapies, for most there are key questions that are yet to be answered through well-designed scientific studies — questions such as whether these therapies are safe and whether they work for the purposes for which they are used.” (This list is for informational purposes only. It is not intended to be inclusive of all CAM treatments nor does it imply the use of CAM treatments or the use of one over the other.)

### Chiropractic Care

[www.hopeforautism.us/](http://www.hopeforautism.us/)  
[www.chiro.org/research/ABSTRACTS/Autism.shtml](http://www.chiro.org/research/ABSTRACTS/Autism.shtml)

### Equine (Horse) Therapy:

[www.aspeneducation.com/article-equine-aspergers-autism.html](http://www.aspeneducation.com/article-equine-aspergers-autism.html)  
[www.horseboyfoundation.org](http://www.horseboyfoundation.org)



### General Links:

[www.talkaboutcuringautism.com](http://www.talkaboutcuringautism.com)  
[www.autism.com](http://www.autism.com)  
[www.autismone.org](http://www.autismone.org)  
[www.generationrescue.org](http://www.generationrescue.org)  
[www.amfoundation.org/autism.html](http://www.amfoundation.org/autism.html)

**A**lways  
**U**nique  
**T**otally  
**I**nteresting  
**S**ometimes  
**M**ysterious

### Homeopathy

[www.recoveredfromautism.com](http://www.recoveredfromautism.com)  
[http://homeopathy4autism.com/](http://http://homeopathy4autism.com/)  
[www.homeopathysnc.org/](http://www.homeopathysnc.org/)

### Music Therapy

[www.musictherapy.org/factsheets/bib\\_autism.pdf](http://www.musictherapy.org/factsheets/bib_autism.pdf)  
[www.musicforautism.org](http://www.musicforautism.org)  
[www.songsforteaching.com/autisticchildren/](http://www.songsforteaching.com/autisticchildren/)



### Oxygen and Hyperbaric Oxygen Therapy

[www.healing-arts.org/children/hyperbaric.htm](http://www.healing-arts.org/children/hyperbaric.htm)  
[www.hbotreatment.com/autism](http://www.hbotreatment.com/autism)

**North Dakota State Library** – 701.328.4622 or toll-free at 800.472.2104  
[www.library.nd.gov/](http://www.library.nd.gov/)

**Children’s Special Health Services Library** – toll-free at 800.755.2714  
[www.ndhealth.gov/cshs/docs/cshs-resource-catalog.pdf](http://www.ndhealth.gov/cshs/docs/cshs-resource-catalog.pdf)

**Pathfinder Services of North Dakota Library** – toll-free at 800.245.5840  
[www.pathfinder-nd.org/lib.html](http://www.pathfinder-nd.org/lib.html)

**Prevention Resource Center** – toll-free at 800.642.6744  
(topics in mental health, substance abuse, aging and disabilities)  
<http://odinlibrary.org/ndspr.html>



## Education



### Head Start

Head Start and Early Head Start are comprehensive child development programs. Regular Head Start programs are for children ages 3 and 4. Some communities offer a program specifically for families with children younger than 3 and pregnant women. A variety of services are provided through Head Start programs, including health, education, parent involvement, family literacy, social services and services for children with disabilities. Call the Head Start State Collaboration office at 800.245.3736 or your local Head Start program.  
[www.nd.gov/dhs/services/childfamily/headstart/](http://www.nd.gov/dhs/services/childfamily/headstart/)

### School Nursing

The purpose of school nursing is to support the educational process by contributing positively and significantly to the health, health attitudes and health behaviors of today's children, and consequently, tomorrow's adults. Contact the Department of Health at 701.328.2493 or your local school nurse.  
[www.ndhealth.gov/school-nursing/](http://www.ndhealth.gov/school-nursing/)

### Special Education

It is important to locate and identify children who are in need of special services as early as possible. Screening and assessment opportunities offered at school help identify possible areas of difficulty that could interfere with a child’s learning or academic performance. Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701.328.2260 or your local special education unit.  
[www.dpi.state.nd.us/](http://www.dpi.state.nd.us/)

## **Easter Seal Goodwill of North Dakota**

Services: Respite or relief care, home-based health care, equipment loan, advocacy for individuals with disabilities, and information and referral.

211 Collins Avenue  
P.O. Box 1206  
Mandan, ND 58554-1206  
701.663.6828  
Toll-free: 800.247.0698  
[www.esgwnd.net/](http://www.esgwnd.net/)

## **Interagency Project for Assistive Technology (IPAT)**

Services: Information and referral, training, technical assistance to systems and individuals, equipment loan library, outreach activities, a link between state and private entities, resource development, alternative loan program, and dissemination of assistive technology materials based on consumer input.

P.O. Box 743                      3509 Interstate Boulevard                      400 East Broadway  
Cavalier, ND 58220                      Fargo, ND 58103                      Bismarck, ND 58501  
701.265.4807 or                      701.365.4728 or                      701.355.4615 or  
800.265.4728                      800.895.4728                      888.540.4728  
[www.ndipat.org/](http://www.ndipat.org/)

## **North Dakota Center for Persons with Disabilities**

Minot State University  
500 University Avenue West  
Minot, ND 58707  
701.858.3000 or 800.777.0750  
[www.ndcpd.org/](http://www.ndcpd.org/)

## **The Arc of North Dakota**

Services: The Arc is a member and volunteer-driven nonprofit organization that offers advocacy, education and family support to children and adults with mental retardation and related developmental disabilities and their families.

c/o Arc, Upper Valley, Inc.  
2500 Demers Ave  
P.O. Box 12420  
Grand Forks, ND 58208-2420  
701.772.6191  
[www.thearcuppervalley.com/](http://www.thearcuppervalley.com/)



## **Water Therapy**

[www.recreationtherapy.com/articles/autismandquatictherapy.htm](http://www.recreationtherapy.com/articles/autismandquatictherapy.htm)  
[www.washingtonpost.com/wp-dyn/content/article/2009/07/21/AR2009072101560.html](http://www.washingtonpost.com/wp-dyn/content/article/2009/07/21/AR2009072101560.html)  
[www.autismhelp.info/htm/community/sporting/aquatics.htm](http://www.autismhelp.info/htm/community/sporting/aquatics.htm)

## **Other Treatments**

### **Social Stories™:**

[www.polyxo.com/socialstories](http://www.polyxo.com/socialstories)  
[www.thegraycenter.org](http://www.thegraycenter.org)  
[www.sandbox-learning.com](http://www.sandbox-learning.com)

### **Video Modeling**

[www.watchmelearn.com](http://www.watchmelearn.com)  
[www.modelmekids.com](http://www.modelmekids.com)  
[www.special-kids.com/videolearning.cfm](http://www.special-kids.com/videolearning.cfm)  
[www.teach2talk.com](http://www.teach2talk.com)



As one can see, there are a number of behavioral and educational interventions currently available for individuals with ASD. Not every treatment may be appropriate for every child. One way to determine if a particular treatment may be effective is to evaluate the research. The National Standards Report from the National Autism Center (NAC) utilizes a Strength of Evidence classification system to demonstrate the NAC's confidence about the efficacy of a specific intervention. Ratings reflect the quality, quantity and consistency of the research findings. The 2009 National Standards Report can be found online at: [www.nationalautismcenter.org/pdf/NAC%20Standards%20Report.pdf](http://www.nationalautismcenter.org/pdf/NAC%20Standards%20Report.pdf)





## Family Support Services



**Care Coordination for Children with Special Health-Care Needs** meets the complex health needs of children and their families often requires special assistance in the form of care coordination. The Care Coordination Program through Children’s Special Health Services (CSHS) helps eligible families access services and resources in their community and, when needed, across multiple service delivery settings. For more information, refer to the following websites:

- Medical Home – [www.medicalhomeinfo.org/](http://www.medicalhomeinfo.org/)
- Grand Forks Public Health – <http://grandforksgov.com/gfgov/Health.nsf/Pages/Care+Coordination>
- County Social Services – [www.nd.gov/dhs/locations/countysocialserv/index.html](http://www.nd.gov/dhs/locations/countysocialserv/index.html)
- North Dakota Integrated Services – [www.ndcpd.org/ndis/](http://www.ndcpd.org/ndis/)

### **Child Care Assistance Program**

North Dakota Department of Human Services  
600 East Boulevard, Dept 325, Bismarck, ND 58505  
701.328.2332 Public Assistance Toll Free Number: 800.755.2716  
Services: Provides financial assistance to low-income families for child care costs.  
[www.nd.gov/dhs/services/financialhelp/childcare.html](http://www.nd.gov/dhs/services/financialhelp/childcare.html)

### **Child Care Resource and Referral**

Services: Assistance locating child care and other related services.  
Bismarck – 701.223.1510 or 888.223.1510  
Fargo – 218.299.7026 or 800.941.7003  
Grand Forks – 701.772.3435 or 888.778.3435  
Minot – 701.838.7800 or 800.450.7801  
Jamestown – 701.252.0350 or 888.767.0350  
[www.ndchildcare.org/](http://www.ndchildcare.org/)



## Organizations

### **Autism Society of North Dakota (AutismND)**

Purpose: Increase public awareness; advocate for appropriate services; provide information regarding treatment, education, research and advocacy.  
800.328.8476 (800.3AUTISM)  
[www.autism-society.org](http://www.autism-society.org)  
[www.autismnd.org](http://www.autismnd.org)

### **Autism Speaks**

Purpose: Provides funding for research into the causes, prevention, treatments and a cure for autism; to increase awareness of autism spectrum disorders.  
888.288.4762 (888.AUTISM2)  
[www.autismspeaks.org/](http://www.autismspeaks.org/)

### **National Autism Association of Central North Dakota**

Purpose: To create direct-assistance programs for families affected by autism; to provide autism research funding, ongoing advocacy, support and education.  
877.622.2884 (877.NAA.AUTISM)  
[www.nationalautismassociation.org/](http://www.nationalautismassociation.org/)  
[www.naacentralnd.org](http://www.naacentralnd.org)

### **North Dakota Autism Center, Inc. (NDAC)**

Services: NDAC offers The *AuSome* Kids Day Program and AuSome Kids 1:1 Early Intervention Program. The Day Program is a center-based child care program for preschool and school age children with autism spectrum disorders and similar disabilities. The Early Intervention Program is a personalized program for children with autism spectrum disorders. The NDAC staff uses positive reinforcement, prompting and social stories to assist the development of communication skills, appropriate play skills, social interaction skills, academic skills, and self-help skills as well as the reduction of challenging behaviors.  
4733 Amber Valley Parkway, Suite 200  
Fargo, ND 58104  
701.277.8844  
[www.ndautismcenter.org](http://www.ndautismcenter.org)

### **Talk About Curing Autism (TACA)**

TACA holds monthly meetings that feature educational speakers on important topics and allow family members to connect with one another and stay on top of the latest information in the autism world. Each TACA group maintains a resource library of the latest autism books and DVDs/CDs that can be checked out by members at no charge.  
[www.talkaboutcuringautism.org](http://www.talkaboutcuringautism.org)  
[www.groups.tacanow.org/north-dakota/index.html](http://www.groups.tacanow.org/north-dakota/index.html)

**Community Resource Coordinators (CRCs)**

Community resource coordinators promote access to health-care by assisting people with enrollment in health and economic programs, providing education on preventive health, and developing local community health awareness.

Ashley	Ashley Medical Center	701.288.3433, ext. 133
Bottineau	St. Andrews Hospital	701.228.9385
Cooperstown	Cooperstown Medical Center	701.797.2221, ext. 7108
Devils Lake	Mercy Hospital	701.662.9656
Fargo	Family Health Care Center	701.271.3336
Fargo	Essentia Health	701.364.4933
Fargo	Sanford Health	701.234.2585
Garrison	Garrison Hospital	701.463.6549
Grand Forks	Altru Health Systems	701.780.6349
Harvey	St. Aloisius Medical Center	701.324.4651, ext. 342
Hettinger	West River Regional Hospital	701.567.6271
Jamestown	Jamestown Hospital	701.952.4823
Linton	Linton Hospital	701.254.4511
McVille	Nelson County Health System	701.247.226 or 701.322.4328, ext. 229
Minot	Trinity Health	701.857.7491
Northwood	Valley Community Health Center	701.587.6000 or 701.434.6418
Oakes	Oakes Community Hospital	701.742.3622 or 701.683.5241, ext. 280
Park River	First Care Health	701.284.4516
Rolla	Presentation Medical Center	701.477.3161, ext. 277
Turtle Lake	Northland Health Partners CHC	701.448.9225
Wahpeton	Richland County Public Health	701.642.7884

**Disability Services Division** provides services to North Dakota citizens of all ages with developmental disabilities. Call your regional Human Service Center or the Disability Services Division at 800.755.8529.

[www.nd.gov/dhs/services/disabilities/](http://www.nd.gov/dhs/services/disabilities/)

- **Family Care Option** provides respite care to families through short-term foster home placement.
- **Family Subsidy Program** provides financial help needed by the family to care for the child at home.
- **Infant Development Program** provides intervention services in the home or other natural settings by trained professionals to promote optimum development of children from birth through age 2.
- **Respite Care Program** provides services of a specially trained caregiver to provide the family with occasional relief from the stress of providing care.
- **Right Track** provides child development consultations for children from birth to age 3. For more information, call 800.755.8529.
- **Supportive Home Care** assists with and teaches parents about the special care the child needs.
- **Experienced Parent Program** provides support services to parents with children enrolled in early intervention.

**Family Voices of ND** is a health-care information and education center, which includes the Parent to Parent Project, a program that offers emotional support to families.

701.493.2634 or 888.522.9654

[www.fvnd.org/](http://www.fvnd.org/)

**FamNet** supports collaboration between family support organizations to improve health outcomes for families of children, youth and adults with special health-care needs and/or disabilities. Partner agencies have come together to develop a portal to help guide others to agencies that will best help meet family needs.

[www.ndcpd.org/ndfamnet/](http://www.ndcpd.org/ndfamnet/)

**Federation of Families** provides support and advocacy for children’s mental health. 701.250.1795 or 800.492.4951

[www.fcsn.org/](http://www.fcsn.org/)

**Legal Services of North Dakota**  
 P.O. Box 1893  
 Bismarck, ND 58502-1893  
 701.222.2110 or 800.634.5263

**National Alliance on Mental Illness North Dakota**  
 P.O. Box 3215  
 Minot, ND 58702-3215  
 701.857.3345



